

# LCFY - SHORT COURSE YARD RECORDS

## Winter 2011-2012 LCFY Aquatics Personnel

Teresa Fightmaster - Competitive Aquatics Director & Head Coach  
 Donel Gastineau - Aquatics Director  
 Catherine Carney - Swim Coach  
 Christy Plaughter - Dry Land Coach  
 Kalani Friend - Swim Coach  
 Keith Devore - Swim Coach

Susan Bowen - Swim Coach  
 Cynthia Cloud - Swim Coach  
 Chris Bagley - Swim Coach  
 Nick Annarino - Swim Coach  
 Tim Ruppe - Swim Coach

Yard Records Last Updated - Final Winter 2011-2012

| Girls           |         |      | 6 & U     | Boys |         |              |
|-----------------|---------|------|-----------|------|---------|--------------|
| Name            | Time    | Year | Event     | Year | Time    | Name         |
| Katie Bowers    | 19.70   | 2002 | 25 Free   | 2003 | 18.59   | Robert Davis |
| Gabrielle Brust | 45.80   | 2009 | 50 Free   | 2009 | 39.99   | Jake Stone   |
| Gabrielle Brust | 1:51.13 | 2008 | 100 Free  | 2009 | 1:30.02 | Jake Stone   |
| Sarah Gundler   | 2:08.34 | 2011 | 100 IM    | 2009 | 1:47.49 | Jake Stone   |
| Katie Bowers    | 23.18   | 2002 | 25 Back   | 2002 | 22.54   | Robert Davis |
| Sarah Gundler   | 55.29   | 2011 | 50 Back   | 2009 | 52.64   | Jake Stone   |
| Sarah Gundler   | 23.09   | 2011 | 25 Fly    | 2008 | 21.85   | Jake Stone   |
| Sarah Gundler   | 1:07.52 | 2010 | 50 Fly    |      |         |              |
| Sophia Shai     | 28.28   | 2006 | 25 Breast | 2003 | 24.43   | Robert Davis |
|                 |         |      |           |      |         |              |

| Girls                                                      |          |      | 11 to 12            | Boys |          |                                                                 |
|------------------------------------------------------------|----------|------|---------------------|------|----------|-----------------------------------------------------------------|
| Name                                                       | Time     | Year | Event               | Year | Time     | Name                                                            |
| India Sherman                                              | 26.07    | 2009 | 50 Free             | 1986 | 26.00    | George Dippel                                                   |
| Abby Stone                                                 | 56.22    | 2009 | 100 Free            | 1986 | 56.34    | George Dippel                                                   |
| Abby Stone                                                 | 2:01.16  | 2008 | 200 Free            | 1986 | 2:04.29  | George Dippel                                                   |
| Abby Stone                                                 | 5:23.56  | 2008 | 500 Free            | 2009 | 5:55.41  | Grant Stahl                                                     |
| Sydney King                                                | 11:42.93 | 2008 | 1000 Free           | 2008 | 16:04.49 | Jarod Rose                                                      |
| Kaytee Postle                                              | 20:34.64 | 2005 | 1650 Free           | 2008 | 25:24.85 | Jarod Rose                                                      |
| Abby Stone                                                 | 1:02.34  | 2009 | 100 IM              | 1986 | 1:06.94  | George Dippel                                                   |
| Abby Stone                                                 | 2:12.36  | 2009 | 200 IM              | 2009 | 2:28.46  | Grant Stahl                                                     |
| Abby Stone                                                 | 4:48.22  | 2008 | 400 IM              |      |          |                                                                 |
| Abby Stone                                                 | 29.76    | 2009 | 50 Back             | 2010 | 30.63    | Nathaniel Graham                                                |
| Abby Stone                                                 | 1:04.76  | 2009 | 100 Back            | 2010 | 1:07.37  | Timmy Spichiger                                                 |
| Abby Stone                                                 | 2:21.65  | 2008 | 200 Back            | 2012 | 2:31.46  | Jack McGonagle                                                  |
| Abby Stone                                                 | 27.34    | 2009 | 50 Fly              | 1986 | 28.73    | George Dippel                                                   |
| Abby Stone                                                 | 59.61    | 2008 | 100 Fly             | 2009 | 1:08.93  | Grant Stahl                                                     |
| Abby Stone                                                 | 2:13.33  | 2009 | 200 Fly             |      |          |                                                                 |
| Abby Stone                                                 | 32.09    | 2009 | 50 Breast           | 2012 | 32.86    | Rowan Moore                                                     |
| Abby Stone                                                 | 1:09.70  | 2008 | 100 Breast          | 2012 | 1:13.46  | Rowan Moore                                                     |
| Abby Stone                                                 | 2:33.66  | 2008 | 200 Breast          | 2012 | 2:41.21  | Rowan Moore                                                     |
| Paige Griesse, Abby Stone<br>Alex Untied, India Sherman    | 1:45.68  | 2009 | 200 Free<br>Relay   | 2009 | 1:51.72  | Grant Stahl, Alan Chapman<br>W. Wortkoetter, Robert Davis       |
| Alex Untied, Paige Griesse<br>Maggie McGonagle, Abby Stone | 3:58.94  | 2009 | 400 Free<br>Relay   | 2009 | 4:12.96  | Wyatt Wortkoetter, T. Spichiger<br>Alan Chapman, Grant Stahl    |
| Paige Griesse, India Sherman<br>Abby Stone, Alex Untied    | 1:56.80  | 2009 | 200 Medley<br>Relay | 2009 | 2:06.34  | Timmy Spichiger, Robert Davis<br>Grant Stahl, Wyatt Wortkoetter |
| Maggie McGonagle, Alex Untied<br>Abby Stone, Paige Griesse | 4:15.73  | 2009 | 400 Medley<br>Relay | 2009 | 4:41.11  | T. Spichiger, Alan Chapman<br>Grant Stahl, Wyatt Wortkoetter    |

| Girls                                                              |         |      | 8 & U               | Boys |         |                                                             |
|--------------------------------------------------------------------|---------|------|---------------------|------|---------|-------------------------------------------------------------|
| Name                                                               | Time    | Year | Event               | Year | Time    | Name                                                        |
| Gabrielle Brust                                                    | 14.62   | 2011 | 25 Free             | 2009 | 15.24   | Daniel Mestemaker                                           |
| Gabrielle Brust                                                    | 32.54   | 2011 | 50 Free             |      | 35.04   | N. Pryor                                                    |
| Megan Troup                                                        | 1:13.05 |      | 100 Free            | 1994 | 1:19.83 | Chase Loughman                                              |
| Riley Bunstine                                                     | 3:23.94 | 2011 | 200 Free            | 2008 | 2:59.59 | Nate Stone                                                  |
| Gabrielle Brust                                                    | 1:25.75 | 2011 | 100 IM              |      | 1:27.20 | N. Pryor                                                    |
| Sarah Gundler                                                      | 3:53.91 | 2012 | 200 IM              | 2011 | 3:29.32 | Alex Fenimore                                               |
| Jenna Altomonte                                                    | 18.80   |      | 25 Back             |      | 18.13   | N. Pryor                                                    |
| Gabrielle Brust                                                    | 40.93   | 2011 | 50 Back             | 2011 | 43.04   | Bryson Hauenstein                                           |
| Madi Cartnal                                                       | 1:38.02 | 2011 | 100 Back            | 2011 | 1:39.68 | Alex Fenimore                                               |
| Gabrielle Brust                                                    | 16.13   | 2011 | 25 Fly              | 2011 | 17.77   | Bryson Hauenstein                                           |
| Gabrielle Brust                                                    | 40.58   | 2011 | 50 Fly              | 2009 | 43.21   | Nate Stone                                                  |
|                                                                    |         |      | 100 Fly             | 2011 | 1:41.79 | Alex Fenimore                                               |
| Regan McCroskey                                                    | 20.96   | 2006 | 25 Breast           |      | 21.08   | Robert Spaul                                                |
| Gabrielle Brust                                                    | 48.26   | 2011 | 50 Breast           | 2009 | 48.28   | Nate Stone                                                  |
| Gabrielle Brust                                                    | 1:43.52 | 2011 | 100 Breast          | 2010 | 1:51.93 | Ian Jarvis                                                  |
| Gabrielle Brust, Riley Bunstine<br>Reilly Zink, Madi Cartnal       | 1:07.48 | 2011 | 100 Free<br>Relay   | 2011 | 1:10.75 | B. Hauenstein, A Hercenberg<br>D McColley, A Fenimore       |
| Gabrielle Brust, Livia Barnett<br>Madelyn Gundler, Caillie Barnett | 3:17.08 | 2010 | 200 Free<br>Relay   |      |         |                                                             |
| Madi Cartnal, Riley Bunstine<br>Gabrielle Brust, Reilly Zink       | 1:18.11 | 2011 | 100 Medley<br>Relay | 2011 | 1:22.71 | B Hauenstein, D McColley<br>A Fenimore, A Hercenberg        |
| Gabrielle Brust, Katelyn Darby<br>Sarah Martin, Caillie Barnett    | 3:22.28 | 2009 | 200 Medley<br>Relay | 2010 | 3:21.42 | Bryson Hauenstein, Ian Jarvis<br>Alex Fenimore, Mason Clark |

| Girls                                                         |          |      | 13 to 14            | Boys |          |                                                       |
|---------------------------------------------------------------|----------|------|---------------------|------|----------|-------------------------------------------------------|
| Name                                                          | Time     | Year | Event               | Year | Time     | Name                                                  |
| Jenny Smith                                                   | 24.34    |      | 50 Free             | 1996 | 24.16    | Josh Beeson                                           |
| Sydney King                                                   | 54.32    | 2010 | 100 Free            | 2011 | 53.01    | Wyatt Wortkoetter                                     |
| Sydney King                                                   | 1:54.91  | 2010 | 200 Free            | 1988 | 1:54.86  | George Dippel                                         |
| Sydney King                                                   | 5:00.35  | 2010 | 500 Free            | 1988 | 5:10.80  | George Dippel                                         |
| Sydney King                                                   | 10:47.57 | 2009 | 1000 Free           | 2008 | 12:24.29 | Seth Stahl                                            |
| Sydney King                                                   | 17:35.25 | 2010 | 1650 Free           | 2012 | 21:22.57 | Philip Hall                                           |
| Keely Lovern                                                  | 1:07.94  | 2009 | 100 IM              | 2008 | 1:09.28  | Charlie Peppers                                       |
| Sydney King                                                   | 2:13.81  | 2010 | 200 IM              | 1988 | 2:11.36  | George Dippel                                         |
| Sydney King                                                   | 4:35.16  | 2010 | 400 IM              | 2010 | 4:56.69  | Grant Stahl                                           |
| Sydney King                                                   | 28.71    | 2010 | 50 Back             | 2012 | 28.57    | Nathaniel Graham                                      |
| Sydney King                                                   | 58.80    | 2010 | 100 Back            | 1988 | 59.99    | George Dippel                                         |
| Sydney King                                                   | 2:03.61  | 2010 | 200 Back            | 2009 | 2:12.76  | Seth Stahl                                            |
| Abigail Brown                                                 | 27.89    | 2009 | 50 Fly              | 2005 | 26.71    | Drew Trifelos                                         |
| Maureen Newlon                                                | 58.89    | 1984 | 100 Fly             |      | 57.86    | Joel McFarland                                        |
| Abigail Brown                                                 | 2:20.71  | 2009 | 200 Fly             | 2010 | 2:27.36  | Grant Stahl                                           |
| Kassandra Mestemaker                                          | 31.03    | 2010 | 50 Breast           | 2009 | 32.27    | Jack Barrett                                          |
| Kassandra Mestemaker                                          | 1:07.60  | 2010 | 100 Breast          | 1983 | 1:05.92  | Todd Jeffrey                                          |
| Kassandra Mestemaker                                          | 2:25.31  | 2010 | 200 Breast          | 2009 | 2:36.80  | Jack Barrett                                          |
| Alex Untied, Allison Schroeder<br>Keely Lovern, Sydney King   | 1:42.31  | 2010 | 200 Free<br>Relay   | 1984 | 1:43.03  | John Dippel, Mark Utiss<br>Matt Scott, Michael Beever |
| Keely Lovern, Allison Schroeder<br>Alex Untied, Sydney King   | 3:42.85  | 2010 | 400 Free<br>Relay   | 2009 | 4:10.14  | Tom Barrett, Jarod Rose<br>Robert Davis, Jack Barrett |
| Keely Lovern, Paige Griesse<br>Allison Schroeder, Sydney King | 7:56.53  | 2010 | 800 Free<br>Relay   |      |          |                                                       |
| Sydney King, K. Mestemaker<br>Abigail Brown, A. Schroeder     | 1:54.60  | 2009 | 200 Medley<br>Relay | 1984 | 1:58.30  | John Dippel, Mark Utiss<br>Matt Scott, Michael Beever |
| Sydney King, K. Mestemaker<br>Abigail Brown, A. Schroeder     | 4:10.29  | 2009 | 400 Medley<br>Relay | 2009 | 4:28.01  | Seth Stahl, Robert Davis<br>Jack Barrett, Tom Barrett |

| Girls |  |  | 9 to 10 | Boys |  |  |
|-------|--|--|---------|------|--|--|
|-------|--|--|---------|------|--|--|

| Name                                                              | Time    | Year | Event               | Year | Time    | Name                                                   |
|-------------------------------------------------------------------|---------|------|---------------------|------|---------|--------------------------------------------------------|
| Maggie McGonagle                                                  | 28.87   | 2008 | 50 Free             | 1984 | 28.37   | Will Cann                                              |
| Traci DiBlasio                                                    | 1:01.72 | 1980 | 100 Free            | 1984 | 1:02.87 | Will Cann                                              |
| Traci DiBlasio                                                    | 2:12.73 | 1980 | 200 Free            | 1984 | 2:16.36 | George Dippel                                          |
| Abigail Brown                                                     | 8:17.91 | 2004 | 500 Free            | 2008 | 7:15.89 | Philip Hall                                            |
| Maggie McGonagle                                                  | 1:14.98 | 2008 | 100 IM              | 1984 | 1:12.55 | Will Cann                                              |
| Gabrielle Brust                                                   | 2:41.93 | 2012 | 200 IM              | 2008 | 3:02.97 | Philip Hall                                            |
| Maggie McGonagle                                                  | 33.56   | 2008 | 50 Back             | 1984 | 33.34   | George Dippel                                          |
| Gabrielle Brust                                                   | 1:13.82 | 2012 | 100 Back            | 2010 | 1:19.95 | Jack McGonagle                                         |
|                                                                   |         |      | 200 Back            | 2010 | 2:49.25 | Jack McGonagle                                         |
| Madi Cartnal                                                      | 31.29   | 2012 | 50 Fly              | 1984 | 30.79   | Will Cann                                              |
| Madi Cartnal                                                      | 1:10.73 | 2012 | 100 Fly             | 2012 | 1:22.89 | Ethan Miller                                           |
| Jenna Altomonte                                                   | 37.38   |      | 50 Breast           | 1984 | 38.06   | Will Cann                                              |
| Sarah Martin                                                      | 1:26.73 | 2011 | 100 Breast          | 2012 | 1:30.08 | Ian Jarvis                                             |
| Lauren Cummons, Gabrielle Brust<br>Caillie Barnett, Madi Cartnal  | 2:03.19 | 2012 | 200 Free<br>Relay   | 2006 | 2:15.23 | Chris Stone, Grant Stahl<br>Ryan Hetrick, Robert Davis |
| Caillie Barnett, Kellie Lonzo<br>Gabrielle Brust, Hannah Sturgeon | 2:16.57 | 2011 | 200 Medley<br>Relay | 2006 | 2:30.37 | Chris Stone, Robert Davis<br>Grant Stahl, Ryan Hetrick |

| Girls |  |  | 15 & Up | Boys |  |  |
|-------|--|--|---------|------|--|--|
|-------|--|--|---------|------|--|--|

| Name                                                       | Time     | Year | Event               | Year | Time     | Name                                                             |
|------------------------------------------------------------|----------|------|---------------------|------|----------|------------------------------------------------------------------|
| Christi Frueh                                              | 24.97    | 1986 | 50 Free             | 1984 | 21.45    | Mark Birnbrich                                                   |
| Sydney King                                                | 53.82    | 2012 | 100 Free            | 1984 | 46.31    | Mark Birnbrich                                                   |
| Karen DiBlasio                                             | 1:56.38  | 1979 | 200 Free            | 1984 | 1:40.93  | Mark Birnbrich                                                   |
| Karen DiBlasio                                             | 5:03.60  | 1979 | 500 Free            | 1984 | 4:43.34  | Mark Birnbrich                                                   |
| Amberly Griesse                                            | 11:55.91 | 2009 | 1000 Free           | 2011 | 11:22.41 | Cody Byrd                                                        |
| Sydney King                                                | 17:29.62 | 2011 | 1650 Free           | 2012 | 18:04.05 | Tom Barrett                                                      |
| Courtney Hetrick                                           | 1:07.84  | 2008 | 100 IM              | 2008 | 1:00.35  | Drew Trifelos                                                    |
| Sydney King                                                | 2:10.24  | 2011 | 200 IM              | 1984 | 1:53.92  | Mark Birnbrich                                                   |
| Sydney King                                                | 4:37.62  | 2011 | 400 IM              |      |          |                                                                  |
| Sydney King                                                | 28.42    | 2011 | 50 Back             | 2009 | 25.34    | Kevin Bell                                                       |
| Sydney King                                                | 58.85    | 2011 | 100 Back            | 1984 | 54.20    | Mark Birnbrich                                                   |
| Sydney King                                                | 2:06.21  | 2011 | 200 Back            | 2010 | 2:06.93  | Seth Stahl                                                       |
| Abigail Brown                                              | 26.43    | 2011 | 50 Fly              | 2009 | 24.64    | Tyler Paulsen                                                    |
| Abigail Brown                                              | 59.02    | 2011 | 100 Fly             | 1979 | 53.69    | Bob Shadwick                                                     |
| Abigail Brown                                              | 2:11.88  | 2012 | 200 Fly             | 2012 | 2:14.83  | Joel Roth                                                        |
| Kassandra Mestemaker                                       | 31.50    | 2011 | 50 Breast           | 2008 | 29.75    | Drew Trifelos                                                    |
| Kassandra Mestemaker                                       | 1:08.59  | 2011 | 100 Breast          |      | 1:02.87  | Wallace                                                          |
| Kassandra Mestemaker                                       | 2:28.93  | 2011 | 200 Breast          | 2011 | 2:22.74  | Jack Barrett                                                     |
| Kayte Postle, Abigail Brown<br>Keely Lovern, Sydney King   | 1:42.75  | 2010 | 200 Free<br>Relay   | 2009 | 1:30.22  | Julian Oprandi, Kevin Bell<br>Robby Spichiger, Tyler Paulsen     |
| Sydney King, Alex Untied<br>Abigail Brown, Kaytee Postle   | 1:51.46  | 2010 | 200 Medley<br>Relay | 2009 | 1:41.73  | Julian Oprandi, Danny Cathcart<br>Tyler Paulsen, Robby Spichiger |
| Maureen Newlon, Kelly Lewis<br>Misti Mossor, Christi Frueh | 3:48.55  | 1986 | 400 Free<br>Relay   | 2009 | 3:18.74  | Julian Oprandi, Kevin Bell<br>Robby Spichiger, Tyler Paulsen     |
| Hannah Rush, Rebecca Holmes<br>Keely Lovern, Sydney King   | 8:21.34  | 2011 | 800 Free<br>Relay   | 2009 | 7:43.73  | Tyler Paulsen, Jacob Hindel<br>Kevin Bell, Robby Spichiger       |
| Sydney King, Alex Untied<br>Abigail Brown, Kaytee Postle   | 4:04.90  | 2010 | 400 Medley<br>Relay | 2009 | 3:49.08  | Julian Oprandi, Danny Cathcart<br>Tyler Paulsen, Robby Spichiger |